

PANGBOURNE MEDICAL PRACTICE

PPG Meeting Minutes

Held on

5 September 2019

Present:

Sarah Dixon (Chair) Dr C Keast, Jane Hodgson, Doreen Hawkins, John Lowe, Kim Hiscutt, Lee Carter, Sue Darroch, Jean Hyland, Carolyn Geraldine, Barry Ashdown.

Apologies: Rosie Barker, Joan Bott, Linda Price.

Guest Speakers: Sue Butterworth and Di Williams.

1. Minutes of the last Meeting

Minutes approved. Apologies Barry Ashdown was omitted as an attendee on the last Minutes.

2. Pangbourne Dementia Awareness

The PPG warmly welcomed Sue Butterworth and Di Williams who work with this very important organisation. Pangbourne Dementia Care runs a weekly group known as the 'Thursday Club' which is held in The George Hotel. Di kindly gave a short history of how the Thursday Club started 2 years ago with 17 volunteers, (new volunteers are most welcome). The Thursday Club's aim is to bring people together to be amongst friends who understand this condition and offer friendship and support where necessary including support to carers. (Sadly often carers are forgotten and it so important that they are recognised as they play a very important part in people's lives). It has been identified that sadly there are many people who are very lonely and shut themselves away. Having the opportunity of getting out and meeting other people and making new friends has been one of the main aims of the Pangbourne Dementia Awareness Group particularly for the aging community in Pangbourne. The group currently has 72 members and they hold monthly entertainment such as singers from Age UK and a Beetle Drive which brings a lot of enjoyment. In addition the Thursday Club has a very good network of support from The George Hotel, Green's The Butchers and Keiran Sharma who all contribute to make this worthwhile for all. If there are any local business that would be willing to become involved please contact Di Williams on email:

diane2473@btinternet.com

The Thursday Club runs from 2.00 pm – 4.00 pm every Thursday at The George Hotel, Pangbourne. On the third Thursday of the month Lunch/Tea is provided from 12.30 pm – 3.00 pm.

There are future plans to organise a care bus for the elderly and carers to come along to this group. It was mentioned at the PPG Meeting that Pangbourne Medical Practice Website did not have any mention of Dementia and this will be addressed.

2. Matters Arising from previous Minutes.

Diabetic Opening Day. Dr Keast will discuss this with Allwyn, Diabetic Nurse Specialist. Theale and Mortimer Surgery have recently held events and it would be good for The Boathouse to do the same. Sarah Dixon will liaise with Allwyn re dates and availability.

3. Patient Voice Meeting.

There was no recent meeting held. These meetings are now quarterly and the next one will be 10 September. If anyone would like to attend one of these meetings please let Sarah Dixon know. Patient Voice has recently sent out a lot of mail shots to encourage more people to attend these meetings if interested.

4. PCN

An Appendix is to be added to the Minutes of 05.09.19 PPG Minutes.

Sarah attended meeting organised by BWCCG called PCN Update and Introduction to ICP and her notes are attached below.

5. Surgery News

Dr Keast informed PPG members that very sadly Andrea, Reception Manager had passed away at a very young age.

The Boathouse is to employ a Pharmacist to start in December, 1 day a week.

The ramp outside the building is under review by Dr Keast. New Disabled Parking signs are now displayed in the car park.

Book donations/sales have enabled the Surgery to purchase a new Doppler machine; this has now made a huge difference in achieving results in a more timely fashion from 40 minutes down to 5 minutes. Another new piece of equipment in the surgery is Check Your Heart Device, (Atrial Fibrillation). Donations of books have been plentiful and we are very grateful for them.

Contributions of books are making a difference – thank you!

Surgery news that featured in Get Reading – following a GP National Survey the Boathouse got second place in Berkshire.

6. News from Partner Practices

Chapel Row Surgery is now part of the new PCN network. (Pangbourne, Theale and Chapel Row). Sarah (Chair) suggested that this would be a good opportunity for the 3 Surgeries to meet and get to know each other and share news and ideas. Sarah recently met up with a Chair in September. The chairs of our sister practices, that all met up recently, they are Shirley Cullup (Chair, Mortimer), Graham Robinson (Deputy Chair, Mortimer) and Andy Button (Chair, Theale). Erica Tipton (Chair,

Chapel Row) who could not make the meeting, but we have made contact and she will be at our next informal meeting.

7. Flu Clinics

The dates for the Flu Clinics are:

21 September, 28 September and 5th October. Helpers are always needed for this busy time of the year. The Boathouse greatly appreciates the PPG members who volunteer their time to assist with this and thank you in advance for your commitment.

8. Art Café Event – Saturday 23 November 2019

This is an annual fundraising event to support the Boathouse House Surgery to purchase equipment that the NHS does not fund. The PPG and patient and general public have greatly supported this cause and have enabled the Surgery to continue to get the latest invaluable tools for Doctors and Nurses to use for the well being of their patients. Any support that can be given is highly appreciated. For this event a team of volunteers are required and most importantly any donations of baked cakes would be greatly received. A raffle will take place and if anyone would like to donate to this please contact Sarah (Chair).

9. PPG EVENT

Suggestions by members have been made for an event to take place in the Surgery. For example Diabetes Event, Mental Health or other speciality.

10. Old PPG Minutes

Jane recently enquired how long should PPG Minutes be kept for and it was agreed with members that we would keep them for a period of 3 years.

Date of next Meeting: Thursday 7 November 2019 at 6.15 pm.

PCN Update and Introduction to ICP notes:

PPG Engagement event – PCN Update and Introduction to ICP

Held at Reading University, 30 July 2019

This was a follow up to the introductory event held in February. These notes taken by Sarah Dixon summarise the three presentations – the accompanying slides give more details. PCN = Primary Care Network, ICP = Integrated Care Partnership

Speaker 1 – Matt Chilcott, Primary Care Manager

ICPs and PCNs

The NHS Long Term Plan was launched in January 2019. It is intended to address the shortage of GPs and practice nurses, and the fact that a large number of current GPs are approaching retirement.

We are in Buckingham, Oxfordshire, Berkshire West (BOB) Integrated Care System (ICS), and a strategic collaboration of partners – population 1.8 million

Below that, we are in Berkshire West ICP, pop 600,000, which will see transformation and integration of local services

Below that are 3 Health and Wellbeing Boards (corresponding to 3 localities - (Reading, West Berks and Wokingham) each with pop around 150,000 – each will be responsible for the design of local delivery options

Finally, are the Primary Care Networks. There are 14 of these, with pops of 23-60,000, and they provide wraparound integrated care.

What is the purpose of this?

- Activities and decisions occur locally
- Focus effort where it will be efficient and effective
- Patients take responsibility for their health
- In summary – achieve more by working together

What is a PCN?

A PCN is a grouping of GP practices and community services, social care and voluntary organisations, who plan and co-ordinate care in the area.

The patient is central and is supported by social care, community nursing, social prescribing, community pharmacist, talking health, health coach, and so on. This is the Primary Care Team.

Beyond that is the Extended Team, including Mental Health Services, Care Homes, Specialist Community Health Services, Community Geriatricians, Urgent Care Crisis Support, and so on.

PCNs will deliver resilient primary care; proactive care of at-risk patients; reduce reliance on hospital care; diversified workforce; neighbourhood teams.

In the next 5 years PCNs will have more clinical pharmacists, social prescribers, physicians associates, first contact physios and paramedics. This will mean more staff (the example given was going from 2-3 to 16-19 over 5 years in the PCN as a whole) and extra funding will be provided.

Speaker 2 – Katie Summers, BWCCG Chief Info Officer

Introduction to Population Health Management (PHM)

There are 3.7 million GP appointments in Berkshire West per annum. These are all reactive, ie they just deal with the stated problem and are not holistic. The new PCNs are to take a wider view.

Speaker 3 – Dan Alton, Wargrave GP, Clinical Chief Information Officer BWCCG, GP PHM Lead

Overview of Population Health Management (PHM) in Berkshire West

This speaker is taking part in a pilot scheme to try to put PHM into practice. PHM involves:

- Moving from reactive to proactive
- Using data to identify and anticipate need of population groups
- Systems that act early to target support
- Effective integration between health, social and voluntary sectors

What it is NOT:

- Imposed from above
- Just about data
- The same as we've always done
- More workload

The focus is on KEEPING PEOPLE WELL and not just reacting to their illness

To make it work needs:

- Grass roots engagement and enthusiasm – PCN Clinical Ambassadors
- Recognition of local organisational cultures (which can't be done in an 'imposed from above' scheme)
- Making sure the analysts and clinicians do actually talk to each other
- Data packs created for the PCNs

It all seems very sensible, but it is actually a massive change in approach. The system was developed in the US as a cost-saving exercise, and is very different from the way things have been done in the NHS, and is also more difficult.