#### PANGBOURNE MEDICAL PRACTICE

## PPG Meeting Minutes Held on Thursday 27 September 2018

**Present:** Joanna Knott (Chair), Dr Keast, Jane Hodgson, Joan Bott, Lee Carter, Sue Darroch, Sarah Dixon, Carolyn Geraldes, Doreen Hawkins, Kim Hiscutt, John Lowe, Linda Price, Kit Marriott, Neil Macfarlane, Diana Smith,

1. Apologies: Barry Ashdown, Lucie Hallet-Jones, Jean Hyland.

Welcome: Kim Hiscutt and Joan Bott – new members.

2. Approval of previous Minutes: Agreed. (Sarah Dixon added as attendee to last Minutes).

#### 3. Patient Voice:

Dr Andy Ciercierski talked about the Blood Pressure Awareness Week held in September when people were being encouraged to take their own blood pressure. This is important because high blood pressure can lead to narrowing of the arteries and the affected blood vessels can result in kidney damage, stroke etc. It is worth looking at the Heart Age Website. <a href="https://www.england.nhs.uk/south-east/2018/09/04/free-online-heart-age-test-gives-early-warning-of-heart-attack-and-stroke-risk-to-people-in-the-south-east/">https://www.england.nhs.uk/south-east/2018/09/04/free-online-heart-age-test-gives-early-warning-of-heart-attack-and-stroke-risk-to-people-in-the-south-east/</a>

Pangbourne Medical Practice has an in-house Blood Pressure machine near the reception area for patients to use.

Health watch have produced a report on all Care Homes in the Reading area who care for the elderly and disabled adults.

Friday 9<sup>th</sup> November from 1.00 – 4.30 pm in the Trust Education Centre, Lecture Theatre, Patient Participation Standing Conference. To book a place please contact Maria Walker, Senior Patient Experience Facilitator on Tel: 0118 3227446 or emai: mariawalker@royalberkshire.nhs.uk

Next Patient Voice Meeting – 9<sup>th</sup> October 2018.

# 4. Appointment Options

The new 8-8 appointment system was discussed by Dr Keast.

### 5. Fundraising

Following the money raised from the last Art Café Coffee morning members of the PPG agreed to purchase 1 high back chair with arms for patient use in the waiting room. The situation is to be monitored by the Partners. Furthermore Dr Keast gave feedback regarding the CRP machine which is now in use. 13 tests have been done in the last month for people who are ill and needed treatment. 4 spot tests results were available in 1 minute, 6 cases of suspected sepsis, 2 were positive and 4 negative. 4 temporal arteritis were negative. 3 other children tests were negative.

## 6. Flu Clinic

This year the clinics were coloured coded and patients were given a colour, this indicated to the Practice which category they should be and it worked very well. The first clinic was full. Thank you to PPG members who have kindly given their time to support this. Next Flu clinic dates are Saturday 27th October and 17<sup>th</sup> November.

## 7. Succession of New Chair

It was unanimously agreed by PPG Members that Sarah Dixon is to be the new Chairperson for which she is happy to stand and Doreen Hawkins has kindly agreed to be Vice Chair.

## **AOB/Matters Arising:**

Joanna advised that the Art Café is a popular venue and gets booked up quite quickly; therefore future booking should be made well in advance. Publicity for the PPG needs to be more prominent at the Art Café and better communicated in Pangbourne, Upper Basildon and surrounding villages. A suggestion was made that perhaps Rosie Barker; Practice Manager (formerly Happe) could do a news article for the local magazines. (Previously Dr Oppenheimer use to write an article on medical matters).

Next Meeting Date: 29<sup>th</sup> November 2018 at 6.15 pm.